



Covid-19 Guidance for Members Version 2.0

08th June 2020

PHASE 2 – IRISH GOVERNMENT ROADMAP TO EASING RESTRICTIONS

Section 1 – General

- 1.1 Under the updated government guidance expected to be published on the 5th June 2020, Waterford Aero Club is putting in place measures to allow a the recommencing of all operations beginning June 8th 2020.

Please continue to follow the guidance and proposals outlined by the Government of Ireland. All reasonable precautions to protect members and prevent the spread of Coronavirus will be at the forefront while still making facilities available to Club members.

Please be aware that it is your own personal responsibility to ensure that you are complying with travel restrictions. Waterford Aero Club does not condone nor accept responsibility for member's non-compliance with Government travel restrictions.

In order to mitigate against the spread of Covid-19, the board of Waterford Aero Club have implemented contact tracing by means of a sign in sheet as laid down in Appendix 1 of this document. Members and guests of members must follow the instructions on this sheet strictly.

Waterford Aero Club is a recreational facility and comes under Cultural & Social Sport Activities. We will permit people to engage in outdoor sporting (flying) activities , involving small group team sports training where social distancing can be maintained and where there is no contact.

- 1.1.1 All Introductory flights shall be prohibited until further notice.
- 1.1.2 PPL holders who are current on club aircraft may continue to fly and are now subject to the **normal club currency** requirements as in Appendix 2.
- 1.1.3 A Pilot Licence holder may carry a passenger provided he/she meets the recent experience of FCL.060(b)
- 1.1.4 If any Pilot is not current, he/she will complete a recency flight with a Club Approved Flight Instructor.

- 1.1.5 Dual Flights with an Approved Flight Instructor are now approved subject to the operational guidelines in Section 3.
- 1.2 These restrictions are subject to constant review by the CFI, instructor panel and board of directors. Any updates will be communicated to all members accordingly.

Section 2 – Health Precautions & General Health Advice

- 2.1 If you are displaying flu like symptoms however mild, do not come to the club until you have fully recovered and the recommended self-isolation period has been completed.
- 2.2 If you have been outside the country or are in close contact with someone who has, do not come to the club until after the recommended self-isolation period has been completed.
- 2.3 In general, compliance with all personal hygiene recommendations is strongly advised.
 - 2.3.1 Wash your hands properly and regularly.
 - 2.3.2 Cover your mouth and nose with a tissue or your sleeve when you cough and sneeze.
 - 2.3.3 Put used tissues into a bin and wash your hands.
 - 2.3.4 Clean and disinfect frequently touched objects and surfaces, particularly shared work spaces, aircraft, toilets, shared keyboards and counter tops in general purpose areas.
 - 2.3.5 Hand sanitiser shall be provided upon entry to the Club in the form of hand gel inside a plastic dispenser. Members must utilise this upon entry.
 - 2.3.6 Following the aircraft pre-flight inspection, wash your hands
 - 2.3.7 Using the supplied alcohol wipes, wipe down all aircraft controls and switches, door latches, and any other touchable surfaces both before and after flight.
 - 2.3.8 Club headsets are PROHIBITED, except for Student Pilots where Approved Flight Instructors will administrate the headset scheme. **Headsets will be rented to Student Pilots for €2.5 per Hobbs Hour. Student Pilots must clean headsets before and after use.**
 - 2.3.9 Dispose of any used wipes or tissues in waste bins provided.
 - 2.3.10 Use the supplied alcohol wipes to clean your hands once again.
 - 2.3.11 Under guidance from the HSE, you must fill out the Return to Flying Form by Clicking the link below. This form must be completed **EVERY TIME** prior to visiting Waterford Aero Club.
https://docs.google.com/forms/d/1g2QsCUhRmBgIdoexY9ma_xXOROuF5CRkFexkM99-Gp0/prefill
 - 2.3.12 **Waterford Aero Club will operate a STRICT no handshaking policy.**
 - 2.3.13 **Waterford Aero Club will take no responsibility if a member contracts COVID.**

Section 3 – Operational Guidelines (Dual and Solo Flying)

If you are a Student Pilot, Licenced Pilot or Flight Instructor, we ask that you complete the following presentation which has been created by GASCo. This is mandatory for all Pilots.
<https://pro.ispringcloud.eu/acc/pTPKR6MxMDQxODI/s/104182-RU1sk-YHWti-BFWRv>

1. Practice normal personal hygiene standards including covering your mouth and nose with a tissue or elbow when you cough or sneeze.
2. Do not enter the Flight Instructor Office.
3. If you are waiting on a Flight Instructor for your lesson to commence, You should wait outside the clubhouse, the hangar or the aircraft.
4. Masks & Gloves may be worn
5. Park the aircraft so that social distancing guidelines can be achieved if another club member is waiting for the aircraft.
6. Using supplied antiseptic wipes, wipe down all controls and switches, door latches and any other touchable surfaces.
7. Dispose of all used wipes and all tissues in waste bins provided.
8. **Do not leave any tissues, wipes or other rubbish in the aircraft.**
9. Return aircraft to hanger if the aircraft is not scheduled to fly again.
10. Wash your hands upon exiting the aircraft.
11. As we cannot provide Social Distancing (2m distance) we will use an alternative means of compliance by providing a sneeze proof barrier between two Pilots when operating in our Cessna 172 aircraft.

Section 4 – HSE Guidance on Hand Hygiene and Hand Sanitization

3.1 The following is guidance from the HSE website on how to practice prudent hygiene.

3.2 Hand hygiene is one of the most important ways to prevent the spread of infections, including the common cold, flu, and even hard-to-treat infections such as Covid-19.

3.3 How can I protect myself from getting Coronavirus (COVID-19)?

3.3.1 Wash your hands regularly and avoid touching your face with your hands. Hand gels with at least 60% alcohol content can be used if soap and water are not available.

3.4 How to wash your hands with soap and water

- 3.4.1 Wet your hands with warm water and apply soap.
- 3.4.2 Rub your hands together until the soap forms a lather.
- 3.4.3 Rub the top of your hands, between your fingers and under your fingernails.
- 3.4.4 Do this for about 20 seconds.
- 3.4.5 Rinse your hands under running water.
- 3.4.6 Dry your hands with a clean towel or paper towel.
- 3.4.7 A video demonstration is available at [hse.ie/handhygiene](https://www.hse.ie/handhygiene)
- 3.4.8 When coughing and sneezing, cover your mouth and nose with your bent elbow or tissue. Put used tissues into a closed bin and wash your hands.
- 3.4.9 Clean and disinfect frequently touched objects and surfaces.
- 3.4.10 Use regular household disinfectants to clean surfaces.

Appendix 1:



Waterford Aero Club CV-19 Sign in Sheet

By signing your name, you agree to the procedures outlined in the “Guidance for Members Version 2” document which is attached. All details must be filled out during your visit (and any person accompanying you) to Waterford Aero Club to help prevent/control the spread of Covid-19.



[illegible]



Return to Normal Operations Assessment (COVID-19)

Step 1 – Licence and Rating Requirements		TICK
1	EASA Part FCL Licence is Valid & Signed. PPL, CPL or ATPL.	
2	EASA Class 1/2/LAPL Valid	
3	SEP Land is within the validity period or extended in accordance with IAA Aeronautical Notice P33.	
4	When the above is complete, proceed to Step 2 – Recent Experience	

Self Asses your Currency.

Step 2 – Recent Experience Part FCL.060		TICK
A 	Completed 3 Take-offs and Landings in preceding 45 days on SEP Land Continue to operate Club Aircraft as Normal	
B 	Have not completed any take-offs and landings in the last 45 days, Contact an Approved Flight Instructor to complete recency flight, Do not fly the aircraft.	
	This arrangement will allow Pilots to resume flying and must comply with the following requirements; <ol style="list-style-type: none"> 1. Flights must not leave the Waterford CTR (Vertically or Laterally) 2. Members must carry their own headsets and not use Club headsets. 3. Members should wipe down aircraft before and after use. 4. NO congregating in large groups either on the ramp or upstairs. 5. DO not enter the Flight Instructor Office, 	

Andrew Power 14/05/2020

Chief Flying Instructor – Waterford Aero Club

Coronavirus **COVID-19**



Help prevent coronavirus



Wash your
hands



Cover mouth if
coughing or sneezing



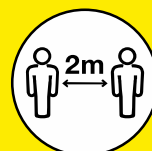
Avoid touching
your face



Keep surfaces
clean



Stop shaking
hands and hugging



Keep a safe
distance

The virus spreads in sneeze and cough droplets, so regularly taking the above measures helps reduce the chance of it spreading.

Visit **HSE.ie**

For updated factual information and advice
Or call 1850 24 1850

Protection from coronavirus.
It's in our hands.



Rialtas na hÉireann
Government of Ireland

Protect yourself and others from getting sick

Wash your hands



- after coughing or sneezing
- when caring for the sick
- before and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after touching cuts, blisters or any open sores
- you can use alcohol hand rub, if hands are not visibly dirty



www.hse.ie/handhygiene



Cosain tú féin agus daoine eile ó thinneas

Nigh do lámha

- Tar éis casacht nó sraoth
- Nuair a bhíonn tú ag tabhairt aire do dhuine tinn
- Roimh agus tar éis bia a ullmhú
- Sula n-itheann tú
- Tar éis an leithreas
- Nuair atá do lámha salach
- Tar éis lámh a leagain ar ghearradh, spuaic nó créacht oscailte
- Is féidir cuimilteoir alcóil láimhe a úsáid mura bhfuil cuma shalach ar na lámha



www.hse.ie/handhygiene

